

# Responsibilities for Non-Specialty Mental Health Services and Provider Education Requirement

---

APL 24-012: Non-Specialty Mental Health Services (NSHMS)

August 2026

# What are Non-Specialty Mental Health Services (NSMHS)?

1. Mental health evaluation and treatment (individual, group, family therapy).

2. Psychological and neuropsychological testing.

3. Outpatient monitoring of drug therapy.

4. Psychiatric consultation.

5. Services for monitoring and prescribing medications.

# Provider responsibilities

## Screenings and referrals

- Conduct mental health screenings for all members.
- Refer positive screenings to mental health providers or specialists.
- Coordinate referrals to ensure no duplication of services.
- Ensure members receive cultural and linguistic resources upon request.

## Populations covered

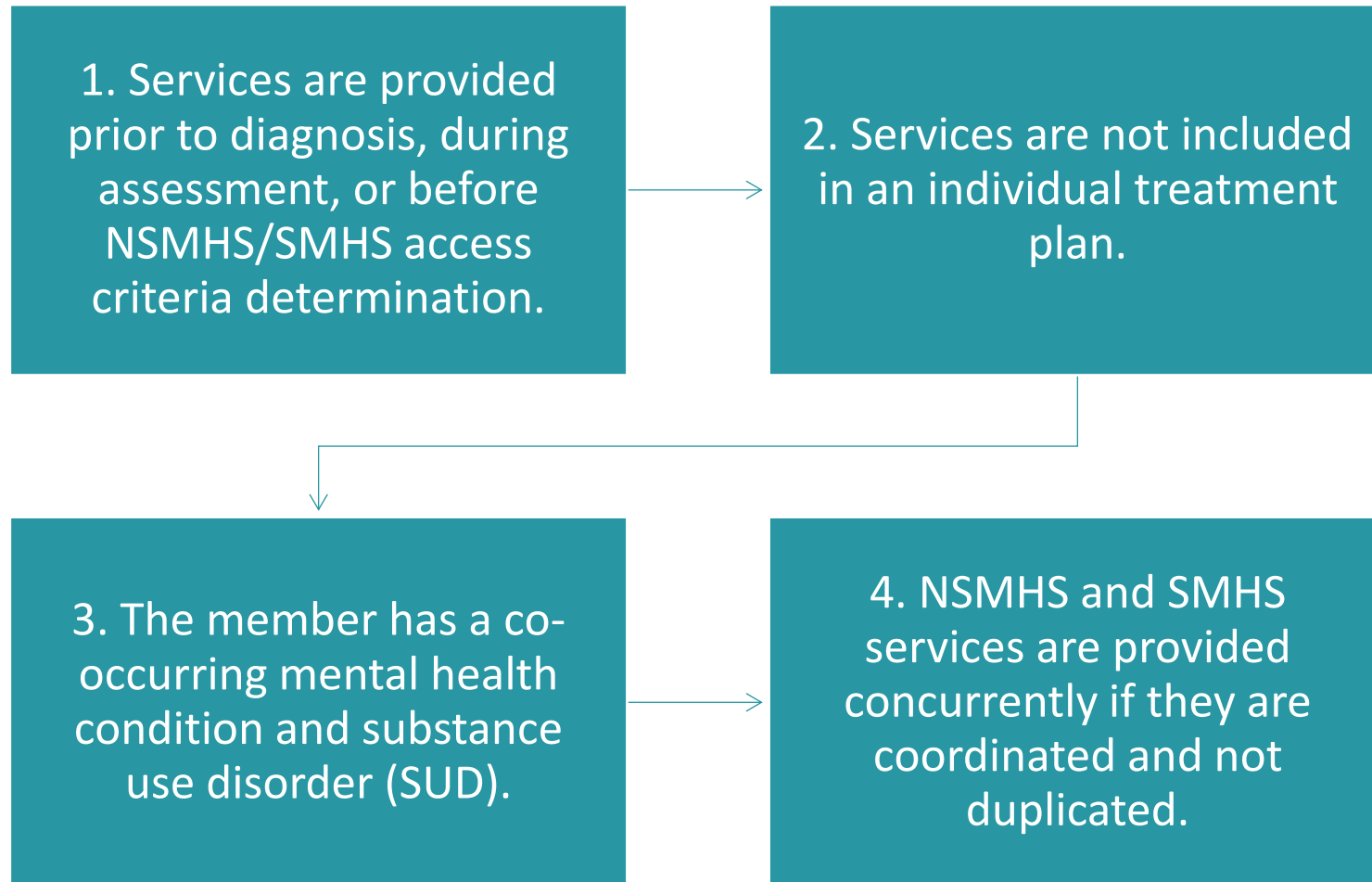
- Adults (21+) with mild-to-moderate mental health needs.
- Children and youth (under 21) eligible for EPSDT benefits.
- Members with undiagnosed mental health symptoms.

## Special provisions

- **Perinatal Mental Health:** Up to 20 therapy sessions for pregnant or postpartum individuals with specified risk factors.
- **Concurrent Services:** Coordination of NSMHS and specialty mental health services (SMHS).

[Access Molina's Culturally and Linguistically Appropriate Resources](#)

## Clinically appropriate NSMHS are covered when:



# Connecting members to mental health providers

- Providers may email or fax Molina's Behavioral Health team for assistance identifying a Molina Medi-Cal Mental Health provider with timely access. Provider requests for Medi-Cal MH linkages may be submitted to [MHC\\_BH\\_Solutions@MolinaHealthcare.com](mailto:MHC_BH_Solutions@MolinaHealthcare.com) or faxed to (505) 924-8236.
- **Molina Medi-Cal Mental Health Providers Only:** If stepping up your current patient to Specialty Mental Health Services provided by County Behavioral Health Plans, complete and submit this [request form](#).
- For autism evaluations and ABA linkage support for Molina members under 21 years old, providers may contact [CA\\_ABA@MolinaHealthcare.com](mailto:CA_ABA@MolinaHealthcare.com).



## Email

[MHC\\_BH\\_Solutions@MolinaHealthcare.com](mailto:MHC_BH_Solutions@MolinaHealthcare.com)



## Fax

(505) 924-8236



## Request form

[dhcs.ca.gov/Documents/DHCS-8765-B.pdf](https://dhcs.ca.gov/Documents/DHCS-8765-B.pdf)



## Autism & ABA (under 21)

[CA\\_ABA@MolinaHealthcare.com](mailto:CA_ABA@MolinaHealthcare.com)

# Care management

When a member needs care coordination in addition to linkage with mental health services, refer to care management.

## Accessing Molina Medi-Cal care management services

### Medi-Cal patients 21 and over

For Molina Medi-Cal patients **21 and over** who need care coordination other than, or in addition to, mental health linkage, email:

[MHCCaseManagement@MolinaHealthcare.com](mailto:MHCCaseManagement@MolinaHealthcare.com)

### Medi-Cal patients under 21

If your Molina Medi-Cal patient **under 21** years old needs care coordination other than, or in addition to, linkage with mental health or ABA services, you may email the following addresses respective to your County:

**San Diego:** [SDPedsCM@molinahealthcare.com](mailto:SDPedsCM@molinahealthcare.com)

**Riverside & San Bernardino (IE):**  
[IEPedsCM@molinahealthcare.com](mailto:IEPedsCM@molinahealthcare.com)

**Los Angeles:** [LAPedsCM@molinahealthcare.com](mailto:LAPedsCM@molinahealthcare.com)

**Sacramento:** [SacPedsCM@molinahealthcare.com](mailto:SacPedsCM@molinahealthcare.com)

# Provider action and resources

## Next steps:

- Review updated NSMHS processes.
- Participate in scheduled webinars and training sessions.
- Integrate NSMHS guidelines into practice.

## Available resources:

- NSMHS guidelines in the Medi-Cal Provider Manual.
- Regular provider bulletins and webinars.
- New Provider Orientations (NPO) sessions.

## Support contacts:

- [Molina Provider Relations Representatives](#) available for guidance and questions.

# Appendix

- [APL 24-012 NSMHS: Member Outreach, Education, and Experience Requirements](#)
- [Senate Bill 1019 Medi-Cal managed care plans: mental health benefits](#)
- [APL 22-006 Medi-Cal Managed Care Health Plan Responsibilities for NSMHS](#)
- [Molina Healthcare Culturally and Linguistically Appropriate Resources](#)
- [Molina Healthcare of California Provider Relations Contact List](#)



# Confidentiality statement

*By receipt of this presentation, each recipient agrees that the information contained herein will be kept confidential and that the information will not be photocopied, reproduced, or distributed to or disclosed to others at any time without the prior written consent of Molina Healthcare, Inc.*

*The information contained in this presentation is intended for educational purposes only and is not intended to define a standard of care or exclusive course of treatment, nor be a substitute for treatment.*

*The information contained in this presentation is intended for educational purposes only and should not be considered legal advice. Recipients are encouraged to obtain legal guidance from their own legal advisors.*